

Restrictive practices

STEP 1



- Observe a client who has had their freedom of movement or rights restricted.
- For example:
 - A client is unable to leave a room or an area within a room
 - A client is unable to move their body, or a part of their body, due to some type of restraint
 - A client has been given medication outside of their prescribed treatment or medication which is used to influence behaviour

STEP 2



- These are all restrictive practices and must be reported as an incident
- Contact At Home Care to report the practice and seek advice/support

STEP 3



- Complete an incident report form in the At Home Care app

Restrictive practices should only be used to protect a person or others from harm. They would only be used as a last resort and for the shortest time possible.

Further information is available in the **Code of Practice for the Elimination of Restrictive Practices** available through the news feed in the [At Home Care app](#).