

# Restrictive practices

## STEP 1



- Observe a client who has had their freedom of movement or rights restricted.
- For example:
  - A client is unable to leave a room or an area within a room
  - A client is unable to move their body, or a part of their body, due to some type of restraint
  - A client has been given medication outside of their prescribed treatment

## STEP 2



- These are all restrictive practices and must be reported as an incident

## STEP 3



- Complete an incident report form on Skedulo

Restrictive practices should only be used to protect a person or others from harm. They would only be used as a last resort and for the shortest time possible.